## SHIRE COLUMN

## **BOULIA** SHIRE COUNCIL

Free Online Workshop

Clean Inbox = Clear Mind

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DIGITAL AND YOU

Digital Productivity:

Clean Inbox

= Clear Mind

Learn strategies to manage your email inbox and take control of your digital clutter



① 2-3pm

Online via Zoom







This practical State Library of Queensland workshop will help you declutter your inbox and digital files using simple, sustainable habits. Learn how to reduce stress, improve focus, and build digital routines that support wellbeing and productivity.

- Presented by regional digital specialist Holly Macdonald, there'll be lots of practical tools and tips to apply at home.
- III Tuesday 21 October
- Online
- 2pm 3pm (Qld time)
- 🎟 Book your spot now via the Digital and You app 👉

www.digitalandyou.com.au/app

or Eventbrite: https://bit.ly/4pXQNII

Use the links to see all the upcoming free workshops in this series.

Delivered by State Library's Regional Digital Development project, supported by the Department of Customer Service, Open Data and Small and Family Business.

#DigitalandYou #RegionalDigital #DigitalInclusionQld @StateLibraryQld

